



The Maple
Counseling Center

TMCC SENIOR PEER COUNSELING PROGRAM



Therapy Group for Mature Adults

FOR MORE
INFORMATION
CONTACT

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WHO IS THAT IN THE MIRROR?

Join others to explore the myths and realities of
mature adults

- Explore ideas, experiences and changing expectations about aging
- Discuss evolving attitudes
- Learn to balance personal desires, work and family
- Discover you are not alone
- Build mutually supportive relationships in a group environment

Services are provided by trained Senior Peer Counselors
They listen...they care

Senior Peer Counselors are trained and supervised by licensed clinical staff. Services are provided to adults 60+ on a sliding scale.



For more than three decades **The Maple Counseling Center (TMCC)** has helped tens of thousands of people, young and old alike, manage the hurdles of emotional times. The Center is considered one of the most comprehensive community counseling centers in the United States. As a Private, nonprofit community mental health center, **TMCC** offers a range of services from family therapy to crisis intervention, and provides an array of psychological counseling services for a wide range of individuals, from senior citizens to infants and from couples to entire families. The Center's philosophy of "never turning anyone away for lack of funds" has extended the reach and hope of wellness to those who cannot afford other counseling. Among **TMCC's** clients, 25% are unemployed, disabled or retired, and 47% earn below \$20,000 per year. **For more information, visit www.tmcc.org.**