



## Bereavement Group: Loss of a Parent

The death of a parent can be one of the most difficult experiences in life. The grief from this loss may include feelings of sadness, anger, isolation, confusion and despair. Sharing these feelings with others in a small group setting can provide a bridge to healing. Join with others who have experienced similar loss in a supportive environment, facilitated by trained therapists. Sliding scale is available. For more information, contact the Group Therapy Program Information Line at (310) 271-9999 x1801. Group meets at 9107 Wilshire Blvd., Lower Level, Beverly Hills, CA 91210.

## Gay Men's Interpersonal Therapy Group

Connect with others in a safe and supportive environment. Discuss concerns, challenges, and hopes. Learn to create deeper relationships. Explore the potential for personal growth. Led by an experienced therapist, this group provides a safe, confidential environment for gay men to explore a variety of issues, including difficult feelings about self and others, recovery from self sabotaging behaviors, and wish to enrich one's personal and professional life. Group meets on Tuesdays, 6:15-7:45 PM. Sliding scale is available. For more information, contact the Group Therapy Program Information Line at (310) 271-9999 x1801. Group meets at 9107 Wilshire Blvd., Lower Level, Beverly Hills, CA 91210.

## Men & Women's Interpersonal Therapy Group

The Men & Women's Interpersonal Therapy Group provides a safe and confidential environment for men and women to explore complex feelings and receive supportive feedback. Individuals can identify how the past influences the present, develop new and effective coping strategies, and find better ways of relating to others. Group meets on Tuesdays, 6:30-8:00 PM. Sliding scale is available. For more information, contact the Group Therapy Program Information Line at (310) 271-9999 x1801. Group meets at 9107 Wilshire Blvd., Lower Level, Beverly Hills, CA 90210.

## Group Therapy for Women

Interact with Others in a Safe Environment. Learn How the Past Influences the Present. Discover New Ways to Achieve Closeness. Many women can benefit from the unique process of group therapy. Led by experienced counselors, this group provides a safe, confidential environment for women to explore complex feelings and get supportive feedback from other women. Group Therapy is an ideal adjunct for those already in individual counseling and also effective for those not currently in therapy. Group meets on Mondays, 6:00—7:30 PM. Sliding scale is available. For more information, contact the Group Therapy Program Information Line at (310) 271-9999 x1801. Group meets at 9107 Wilshire Blvd., Lower Level, Beverly Hills, CA 90210.