



January 10, 2017

MESSAGE FROM THE CEO

From all of us at The Maple Counseling Center (TMCC), we wish you all a happy New Year. Thank you to all of the individuals, foundations, municipalities, and corporations who made it possible for us to serve the greater Los Angeles Community during 2016. In this newsletter we have highlighted some of what is new and exciting at TMCC.

We are looking forward to finding our new home in the coming year, along with developing new services, interagency partnerships, and intern training opportunities. On behalf of our Board of Directors, staff and volunteers, we are all very appreciative to all of you for making our work possible.

-Marcy Kaplan, MSW, LCSW, CEO

DONATE NOW

If your TMCC intern experience took place sometime in the last 31 years, you probably know Harold, our Clinical Director since 1997. Harold's dedication and passion as a Clinical Supervisor has inspired us to establish [The Harold Young Fund for Education and Training](#) in his honor.



TMCC IN
THE NEWS...

the fix
addiction and recovery, straight up

THE COMMUNITY CIRCLE AND ACT PROGRAM INTERNS JOIN FORCES AGAINST BULLYING



The Maple Counseling Center participated in an anti-bullying event held at El Rodeo School. The goal of this program is to raise awareness of middle school students on the seriousness and potential lifelong consequences of bullying. Following an assembly, break-out sessions were facilitated by Community Circle Volunteer Leaders and ACT Program Interns (Adolescent and Child Therapy Program). This dialogue supported the exchange of ideas and discussion on solutions to this serious community issue.

INTERN SPOTLIGHT



*Natalia Boucher,
MFT Intern,
Discusses her
Maple Counseling
Center Experience*



Entertainment

The Rodeo Drive Holiday

Lighting Celebration

THE MAPLE BALL



On October 26, 2016, The Maple Counseling Center held the 42nd annual Maple Ball at Montage Beverly Hills to celebrate our deeply rooted commitment to mental health. To view pictures from the event, please [click here](#).

Thank you to our
2016 Municipal,
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* With many internship options available, what made you want to come to TMCC?

During my internship search I heard many wonderful things about TMCC and its psychodynamic orientation, which would take me back to my roots in psychoanalysis. Before moving to California, I was studying psychology at the Universidad de la Republica in Uruguay. I fell in love with Freud in my teens when my grandfather gave me a very special book, *La Interpretacion de los Sueños (The Interpretation of Dreams)*.

* What programs and tracks have you been a part of?

At the Venice Family Clinic, I provided therapy to adults from Santa Monica. I also provided services in the preschool program at the Salvation Army site in Downtown Los Angeles. My work there was mostly in Spanish, which was a challenge, since I had worked primarily in English up until that point. I was able to provide a place for children to explore their feelings and advocated for families to obtain much needed support services for their children.

* Is there something in particular that stands out from your internship experience?

Yes, the Child and Family Program. The best part for me was the group supervision. The clinical supervisors have provided me with great guidance during the most challenging time in my career (so far). As Yalom says, "Life as a therapist is a life of service in which we daily transcend our personal wishes and turn our gaze toward the needs and growth of the other."

* Is there a challenging situation that you would like to share?

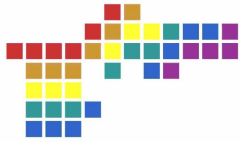
One of the most difficult challenges was coming face-to-face with a broken system that at times denies services to those who need it the most. Those challenges made the little accomplishments look like the greatest victories.

COUPLES THERAPISTS GET INTENSIVE TRAINING

Due to a generous contribution, twenty-eight interns, alumni, and staff benefited from a four-day continuing education training in Emotionally Focused Couples Therapy. Best known as "EFT," this modality of structured treatment is based on the science of adult love and attachment.

CHILD & FAMILY PROGRAM EXPANSION

In 2016, the Center's Child and Family Program provided services located at Salvation Army preschool



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sites in downtown, south Los Angeles, and West Los Angeles. Our newest partner is Alexandria House, a transitional living facility for women and children, in Koreatown. Additional parenting class series are now available at TMCC, and new participants are welcome. Please call Dr. Kathleen Campbell at (310) 271-9999, x217 for information and to sign up for our next class series beginning in February.

THERAPY GROUP SEEKS NEW MEMBERS



The Maple Counseling Center's Group Therapy Program is forming a new group for men and women between the ages of 20 and 39. The group deals with all life issues, focusing on issues of importance to people emerging into adult life.

The Maple Center offers long-term psychotherapy groups that address life issues. Groups provide an opportunity for clients to become aware of their own internal and interpersonal processes and give and receive helpful feedback.

Groups are facilitated by interns receiving specialized training and supervision in group psychotherapy.

For more information, please call (310) 271-9999 x1801.

THE MAPLE ALUMNI ASSOCIATION IS GOING STRONG



According to Jessica Steinman, the current president, The Maple Alumni Association is open to anyone who has completed an internship at The Maple Counseling Center. At over 100 members currently, the group is working to double its membership during 2017.

The goal of the Association is to provide ongoing continuing education, peer consultation, networking, and social opportunities. The association brings the camaraderie and connections of the Maple lounge out into the real world. This is especially important as Maple alums transition into private practice and other community settings.

There is something for everyone, whether you finished your internship in the last five months or the last 15 years.

[Please join us!](#)

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The Maple Counseling Center (TMCC), 9107 Wilshire Boulevard, Lower Level, Beverly Hills, CA 90210

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